

CONTROL AND PREVENTION OF FEMALE INFERTILITY THROUGH NATURAL HERBS, MEDICINES AND YOGA: A REVIEW

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ABSTRACT

In India being a mother is synonymous with being a woman, then failure to become a mother constitutes not fully achieving the status of 'woman'. Desire for motherhood is inevitable and almost universal. Infertility treatments and ART (Assisted Reproductive Technology) that have been carried out are very costly and common man of developing countries like India cannot afford the cost of such procedures. Various natural herbs, medicines and yoga are been effective to enhance the pregnancy and prevent the recurrent abortions. In this regard the present review is aimed to provide all the necessary information regarding the effective method for control and prevention of female infertility.

KEYWORDS: Infertility, Natural Herbs, Medicines, Yoga